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PURPOSE, PASSION, PLEASURE...

When you feel low on a day, people advise you to go out for a long walk or read a book, to bring your spirits up. When you go for a walk, your body gets exercise, and you may meet some people who give you an upbeat vibe. When you read a book, your attention is diverted, and you feel better.

Now I would say when you feel low on a day, attend a Toastmasters meeting, wherein you

- 1. Introduce yourself to a group of audience, public speaking.
- 2. Meet a group of positive and like-minded people.
- 3. Can listen to some good speeches, new ideas, and concepts.
- 4. Understand and participate/practice in Impromptu speaking.
- 5. View and understand how feedback is given.

I am sure after all the activity at a Toastmaster meeting, the time you spend would rejuvenate your mind, body, and soul.

I joined Toastmasters to inspire my children and then to meet new people from various streams of life. Slowly as I proceeded in Toastmasters, I started to understand my strengths, correct my weaknesses, and enjoyed the responsibilities. As a result, slowly but steadily I learned the dynamics in it, and I could project myself as someone who can be dependable. Toastmasters approached me with various doubts, and I would answer them with patience, implementing my principle from my college days,

"HELPING OTHERS LEARN IS THE BEST WAY OF LEARNING".

When people ask you questions, whether you know it or not, you challenge yourself to answer them. You may refer to or ask someone else to answer, but those unknown

questions guide you towards research and reading and open a whole lot of opportunities. We seldom get an opportunity to support someone for their career enhancement or guide a person to improve their skills. I realize that Toastmasters is a platform where you can practice and improve your personal and professional skills and, in our act, help others too. I consider Toastmasters as an opportunity to serve society, a service we can give back to our society.

I took up various roles and leadership positions at the Club, Area, Division, District and is currently serving as Area 15 Director, Division D and Assistant Division Director – Club Growth, Division E.

Wherever you may be, whatever field you may be in, whatever work you may do if you do it with PASSION and by understanding the PURPOSE of it, I am sure you will derive PLEASURE from what you do.

Do look out for the PURPOSE why you are in Toastmasters. Do all the roles and responsibilities assigned with PASSION. Derive the PLEASURE from you doing and being in Toastmasters.

When you are at a Toastmasters meeting, you are with a group of like-minded people, those who know the purpose, those who do things with passion, and those who are deriving the pleasure out of it. This experience will be much more rewarding than reading a book or going for a long walk.