

2 CONS OF OUR LIFE

"We have global communication and yet confrontation is more common than dialogue" - DALAI LAMA

In these times of ultra modernized civilization, trying to know the unknown seems to become the mantra of success. Empathy sometimes takes back seat with practicality taking over. It is said by our ancestors that what we are, is 80% innate and 20% comes from education. In a world of constant expectations, human emotions sometimes are hard to hold back. I realized that emotions of a humans have not changed much. Our everlasting brain works like an oiled mind with emotions convenient to oneself.

Modernization brought in changes to so many dimensions to life. One of it happens to be a quick fix and a paced reaction. This now gives a different perspective to the definition of conversation.

Let me take you through a story. It is a conversation between a grandfather, a mother and a student. It was one of those occasions where parents go to school to get a feedback from educators to know more about their ward. Teachers work so hard with their students to gather their confidence to think positive and work for better, but sometimes it just takes a few minutes to shatter it completely.

The educator happens to be letting the mom know the progress made by the student. Mom immediately turned towards her child and said "I told you to focus on what the teacher says in the class." She now turns to the teacher and fumes out with words saying "Useless and I don't see the school doing something for my child at all. Really." She turns back to her child and continues to say "You don't focus in the class and you are grounded till you improve your grades, I am not going to give you your phone." Both grandfather and the student were in state of shock and become conscious about the surrounding. Mom could not realize that complaining is not a part of the conversation.

Having heard this confrontation in public, I understood that this situation is common and how much I wished that the mom realize that this kind of confrontation can never help individuals. Wish instead of a confrontation, she opted to have a conversation. What is a conversation then?

Confrontation is what mom did, conversation is that, she could have waited to go home to talk her kid in isolation to understand the issues of distraction.

Confrontations are usually quick and stops in a short while. If it prolongs, the confidence levels of individuals fall so low, that It becomes difficult to pick them up again.

Mom could have an opted to have a conversation at a later time, this could have been an ongoing one. But this confrontation severed the context and created a much more difficult situation. It literally damaged the soul. She could have avoided this for sure.

If mom have had a conversation, she could have had the opportunity to repeat herself and elaborate further. I am sure you agree that a confrontation can never be repeated.

If mom, took to conversations, she should have given her kid SMART targets to think rather than just say that you are grounded. Conversations do not have to takeaways at all times.

Whether it is a conversation or a confrontation, you cannot and should not have any place for sarcasm. There is no place for statements like you always do it, you never keep up your word etc. Both types should have suggestions and questions but not words of criticism. A sandwich model needs to be used which confronts and compliments well.

To the end, allow me to say that “We are not actually afraid of a confrontation. We are afraid of a conversation, because that’s where the truth comes out.” It is better to share and care through a conversation rather than going through the process of a hazardous experiment through a confrontation.

Life is all about a journey with conversations and confrontations which are staged with 3 characters. They are time, people and money. An agreement in a disagreement and a disagreement in an agreement is confusing for most of us. Sometimes a conversation might not be the best, but it might be the best that you could give. So, a passionate conversation is more meaningful to life than an unwanted confrontation.

SO HAVE MORE MEANINGFUL CONVERSATIONS AND BE UNDERSTOOD.

Penned by

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